



A Bipolar's Song: An Inspirational Book of the Bipolar Disease (Paperback)

By Paula Sievers

Outskirts Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Bipolar is not an easy road. Within these pages, Paula tells her story of suffering forty years with this debilitating roller coaster of mania and depression. She discusses her relationship with family, friends and the public at large, hoping to dispel the stigma against the mentally ill. It took years for her illness to be diagnosed and many more to be treated properly. However, the culmination of these two professional endeavors has led to a lengthy remission. Through her story, Paula conveys the early stages of illness, which consisted of major depression and psychosis. Although biological, her depression was impacted by her, her doctor's and her parents' lack of understanding about the cause and symptoms of her behavior. Some theories even offered by acquaintances, were an identity crisis, experimental drugs and severe schizophrenia. Although each of these had been denied, it proved how little a handle on bipolar the public grasped. Paula has spoken before many diverse groups and has appeared on television to spread hope of recovery to the public. She is candid about the repercussions of this disease if not...

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