Shortcuts to 100 Best Latin Recipes: Authentic Flavors Without the Trouble (Paperback)

By Sergio E Yibrin

iUniverse, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Shortcuts to 100 Best Latin Recipes reflects the ever-growing popularity of Latin American cuisine and the realities of today s fast-paced lifestyle. Sergio Yibrin shows you how to selectively combine convenience foods with luscious fresh ingredients to prepare one hundred authentically delicious Latin dishes with minimum effort and maximum flavor. A native of Honduras now living in Louisiana, Yibrin delivers recipes inspired by a wide variety of foods from the diverse cultures and countries of Latin America, including Honduras, Chile, Puerto Rico, El Salvador, Mexico, Nicaragua, Cuba, Peru, Colombia, Venezuela, Argentina, and Brazil. With Yibrin s delightfully simple how-to instructions and imaginative, easy-to-find ingredients, anyone can learn to create traditional favorites, such as pina coladas, empanadas, churrasco with chimichurri, feijoada, dulce de leche, tres leches, and much more. For all of the taste and none of the hassle of slow-cooked, painstakingly prepared Latin American dishes, you can use this creative, smart, time-saving cookbook to make rich and delectable Latin meals for every taste and occasion, right in your own home kitchen. Buen provecho! Latin cooking made simple for those uninitiated in the cuisine...

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